

NEWSLETTER

Glass Lawler Mental Health Edition



RELEASE DATE
JUNE 2025

lgbtqcolorado.org/mental-health

Your Guide to Being in the Know



WHAT'S INSIDE?

- Program Events pg. 1
- The Center Events pg. 2
- Mental Health Fact of the Month pg. 2
- Discord Groups pg. 3
- Updated Service Interest Form pg. 4
- Participant Survey pg. 5
- Join us at Denver Pride pg. 6
- Lets Try This again-Updated BBQ Information pg. 7-8
- Mindfulness Prompt of the Month pg. 9

Your Glass Lawler Mental Health Events - June 2025

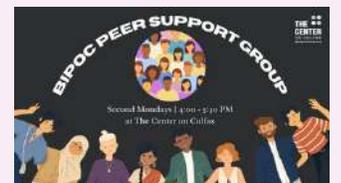
- June 3 and 24
 - 4:00 - 5:30 PM



- June 5, 2025
 - 4:00 - 5:30 PM



- June 10, 2025
 - 4:00 - 5:30 PM



- June 17, 2025
 - 4:00 - 7:00 PM



- June 19, 2025
 - Closed

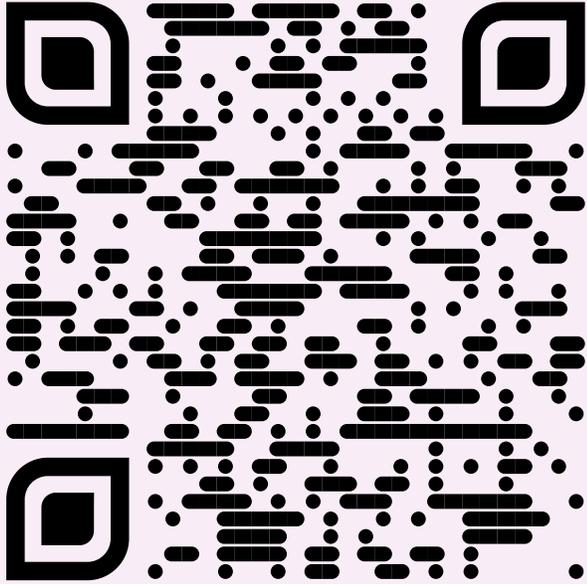


[READ MORE](#)

PAGE 1

June Calendar

Scan the QR code for the full calendar of events



- **June 2:** Telling your story
- **June 3:** Saga Drop-In
- **June 4:** Club50
- **June 4 :** Breaking the Spectrum
- **June 6:** Creative Meditation w/ Quana Madison
- **June 6:** Queer Woke - The Lavender Scare
- **June 8-12:** Stories of Pride: A Queer Film Making Intensive
- **June 16:** Servicios de la Raza Drop In: Square Stitch Key Chains
- **June 20:** Lunch Bunch: Tocabe
- **June 23:** Online Ace Space Support Group
- **June 26:** Polyamorous Bookclub
- **June 28-29:** Denver Pride!

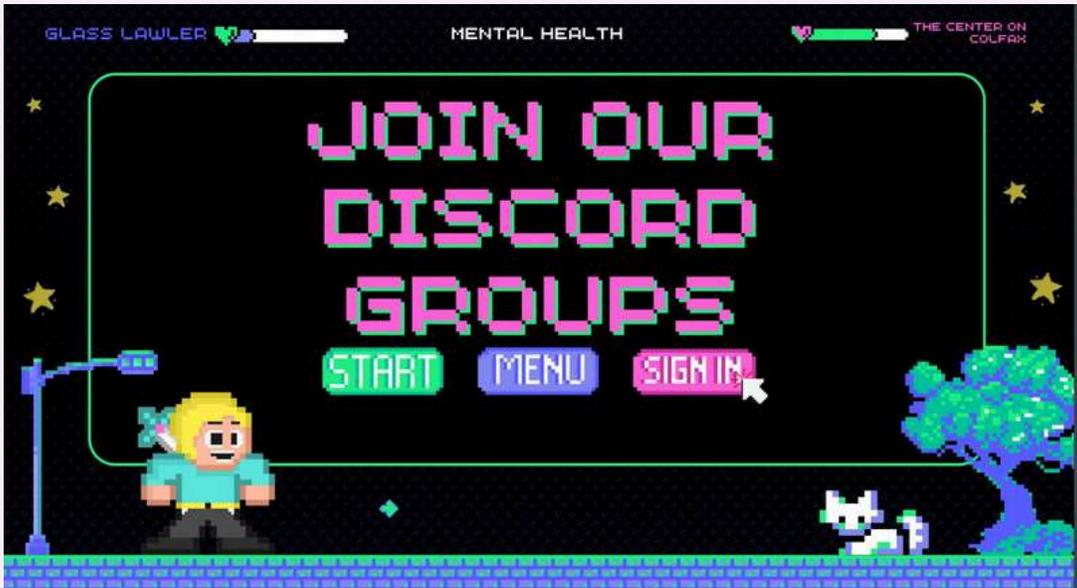
MENTAL HEALTH FACT



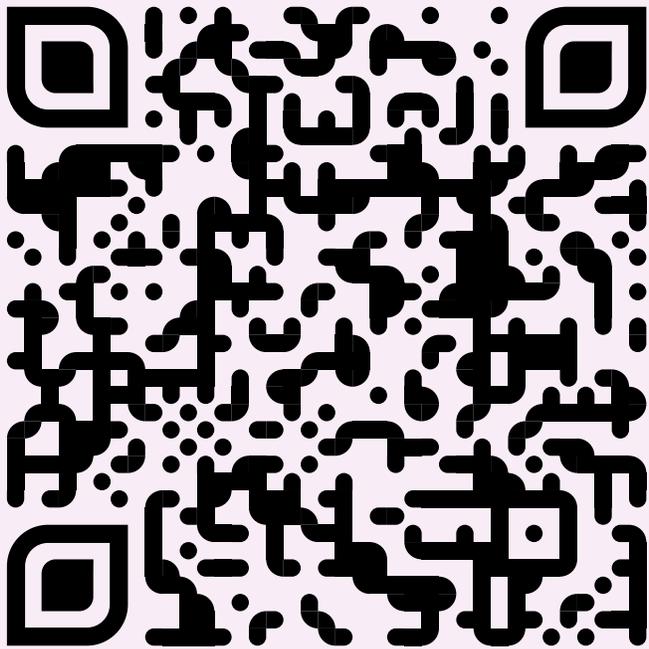
June is Pride Month Affirming Mental Health Care Saves Lives

According to The Trevor Project, LGBTQ+ youth who had access to spaces that affirmed their sexual orientation and gender identity reported significantly lower rates of suicide attempts. Inclusive care and community support are powerful tools for healing.

DISCORD GROUPS



Welcome to
Glass Lawler Mental Health
Program's server



Need an ONLINE community?
We have discord groups for all
for all of our peer support
groups. These groups were
created to further increase
accessibility for our community
and to form supportive groups
of like-minded individuals. Scan
the QR code to join our Discord
server!

Updated Interest Form for Mental Health Services

Glass Lawler Mental Health has updated our service interest form platform! The new form has the same format and questions, but will just be sent to us via our new database system. Check out the photo below for a peek at the new interest form look.

Glass Lawler Mental Health: Interest Form

Thank you for your interest in Glass Lawler Mental Health! Please fill out this form if you are interested in being contacted about receiving **free** therapeutic services through our program in the near future.

Take future action with a single click.
[Log in](#) or [Sign up for FastAction](#)

First Name	Last Name
<input type="text"/>	<input type="text"/>
Email	Phone Number
<input type="text" value="email@email.com"/>	<input type="text"/>

Remember me so that I can use *FastAction* next time. 

Additional Information

Are you seeking free mental health services?

I acknowledge that this form is only to be filled out by those seeking and consenting to free mental health services by The Center on Colfax's Glass Lawler Mental Health program.

[Sign Up](#)

Please take our Participant Survey!



Glass Lawler Mental Health always strives to provide the best care, programming, and support. As we continue to grow and improve our mental health program, your feedback is invaluable. We want to hear about your experiences, thoughts, and ideas to ensure our services meet your needs and expectations.

That's why we're inviting you to **participate in our Participant Survey!** It only takes about 5 minutes to complete, and your input will directly impact the way we design and deliver our program.

The QR code above is how you can access it! Your feedback is needed and valued. Thank you!

Denver Pride



You see the fun we had last year at Denver Pride!? Come hang out with us at Denver Pride on June 28 and 29, 2025! Our theme this year is Hearts on Fire and we want to see those hearts full of queer love! Come check out Glass Lawler Mental Health's chill zone and our fun trinkets and resources.

If you would like to volunteer in our area, please reach out to Jaylin Goodloe at jgoodloe@lgbtqcolorado.org

[READ MORE](#)

PAGE 6

Mental Health Awareness BBQ



**LET'S TRY THIS AGAIN - JOIN US ON
JULY 18, 2025 FROM 4:00 - 7:00 PM
FOR A SPECTACULAR TIME!**

Glass Lawler Mental Health invites you to our annual Mental Health Awareness BBQ! Join us for food, games, resources, an informational session on psilocybin and psychedelics, a wellness session, and much more at this family friendly event.

Scan the QR code to learn more and register!



*FOOD SUPPLIES WILL BE ON A FIRST COME FIRST SERVE BASIS
*ALL PREVIOUS REGISTRSTIONS WILL BE HONORED

READ MORE

PAGE 7



**THE
CENTER**
ON COLFAX
Mental Health



MENTAL HEALTH AWARENESS BARBEQUE RUN OF THE DAY



4:00 PM – WELCOME

4:15 PM – WELLNESS W/ QUANA MADISON

**5:05 PM – PSILOCYBIN/ PSYCHEDELIC
PRESENTATION**

6:10 PM – MIX AND MINGLE

ALL DAY – ACUDETTOX



