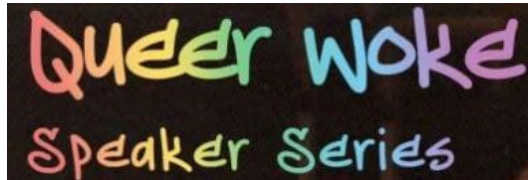


Director—Jason Eaton Lynch
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Coordinator — Bryant Mehay
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Queer Woke - A look at Colorado's queer past- All too often, the story of modern LGBTQ+ history in America emphasizes persons and events from one of its two coasts. Despite that, the so-called fly-over states have seen their fair share of historic moments for our community. Colorado has been the site of many "firsts" and the locus of events that have had a profound impact on national queer and trans politics. This presentation will focus on some of the major events in LGBTQ+ history that have taken place in Colorado, with a special emphasis on Boulder. The presentation will include a post-Stonewall timeline of Boulder queer history. You will recognize some of the events on the timeline, but others have mostly been in history's shadow. There will be ample time for attendees to respond to the presenter and ask questions about familiar and unfamiliar aspects of queer and trans history in this area.

Speaker Bio- Glenda Russell, Ph.D. spent her career as a



psychologist doing clinical work, research, and teaching. Her research mostly focused on LGBTQ+ issues, with a particular emphasis on the psychological and social impact of Amendment 2 on LGBTQ+ Coloradans. Since 1984, she has engaged

in a side hustle as a queer-community historian, working to preserve the fascinating and empowering history of LGBTQ+ people, our allies, and our movement. She views our history as fun, interesting, and absolutely essential to moving forward into the future. She is currently at work on a book on Boulder's queer history.

Date: Friday: October 6th

Time: Pizza served at 5:00p.

Presentation from 5:30p – 7:30p.

October 2023



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Pumkin Facts-

1. Pumpkins are fruits!
2. Each pumpkin contains about 500 seeds.
3. Pumpkins are native to central America and Mexico.
4. They are Jason's favorite plant to grow.
5. The first Jack-o-Lantern weren't made from pumpkins at all. They were made from Turnips! Don't ask me how.

Count the pumpkins to collect your Halloween treat!



Take a trip a Chatfield Farms!

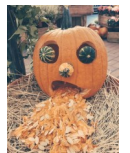


Chatfield Farms out in Jefferson County is a part of the Denver Botanic Gardens and is a 700–acre native plant refuge. With historic buildings, 2.5 miles of nature trails, and numerous wildflower gardens this trip is sure to be a delight. While there make sure to check out ‘One Fell Swoop’ the new sculpture installation!

A massive thanks to the Denver Botanic Gardens for providing us transportation to and from the park, making this event completely **FREE!** The bus will pick us up at **The Center at 12pm** and drop us back off at **5pm**. Lunch is not provided and the Chatfield Farms does not have a restaurant, a cooler will be available for you to store your lunch.

When: Monday, October 16th; Bus leaves at 12pm from The Center, returns to The Center at 5pm.

To RSVP: Contact Jason or Bryant. **If you RSVP for this event and do not show– you will not be able to attend the next trip you attempt to RSVP for! Let us know at least 24 hours prior to the event if you can no longer make it.**



Dunk & Munch with Kadie– Our new



Graduate Social Work intern Kadie will be hosting their first Dunk & Munch. In this conversation they will unpack how Social Workers have

become an essential tool to the LGBTQ+ community. Additionally, Kadie will discuss a few of the Social Work practice models that one could expect to encounter when working with a skilled social worker. In this conversation Kadie will highlight the following theories: Systems Theory, Psychodynamic, Social Learning, and Conflict Theory.

Date: Wed, October 25th.

Time: 10:30am—12:00pm

RSVP: With Bryant or Jason.



Happy LGBTQ History Month! Here is a spoon full of history for you!

1. **1939** Denver’s first gay bar, The Pit, opens.
2. **1969** Police raid the Stonewall Inn in New York City.
3. In the **1970s** Capital Hill emerged as Denver’s gayborhood and Cheeseman Park became the gay park.
4. **1975** Clela Rorex issued the first same-sex marriage licenses to a gay male couple.
5. **1977** The Center opens.
6. **1983** The Center launches the Colorado AIDS Project.
7. **1990** Denver adopts anti-discrimination policies towards gays and lesbians.
8. **1992** Amendment 2 is approved.
9. **1996** Amendment 2 is ruled unconstitutional.
10. **2006** Amendment 43 is passed. Defining marriage between a man and one women.
11. **2007** Unmarried couples are able to start adopting children.
12. **2008** Colorado Anti-Discrimination Act is passed.
13. **2009** Designated Beneficiaries Law is signed.
14. **2011** Don’t Ask, Don’t tell concludes
15. **2013** Colorado Adopts Colorado Civil Union Act.
16. **2015** Supreme Court rules that states can’t ban same-sex marriage.
17. **2016** Obama announces the designation of the first national monument for LGBTQ rights: The Stonewall National Monument.
18. **2018** Jared Polis becomes the first openly gay man to be elected governor.
19. **2018** Supreme Court rules in favor of Masterpiece Cakes thus favoring religion and freedom of speech of people.
20. **2023** Supreme Court rules in favor of religion over person.





Halloween Movie Night: The Rocky Horror Picture Show



Greetings my unconventional conventionalists, the time has come to do the Time Warp again. Because Dammit Janet, West of 50 and SAGA will be hosting a free Halloween night showing of the iconic cult classic The Rocky Horror Picture Show. So shiver in anticipation for an evening filled with costume contests, prop bags, heels, and more. Come dressed in your Transylvanian Best to compete to win best costume. Enjoy snacks, sodas, treats, and even some Meatloaf as you shout, laugh, and dance your way through Dr. Frank N Furter's laboratory along with Brad and Janet. Prop bags will be provided for all attendees, so please RSVP in advance so we make sure we have enough toilet paper, playing cards, noise makers, party hats, and more for the lot of you! There are 20 spaces reserved for each program, if a program cannot fill their allotted space then the other will take those spots!

Seating will be prioritized for our 50+ attendees and those with disabilities, bring a mat/blanket/bean bag if you'd like to claim a floor space, additional yoga mats/blankets/yoga bolsters will be provided

When: Halloween, Tuesday October 31st

6:30 Door Open

7:00 Costume Contest

7:30 Preshow

8pm Movie Start



Where: The Center on Colfax 1301 E Colfax Ave.

Please contact Bryant Mehay at bmehay@lgbtqcolorado.org if you are a West of 50 member or Viet Nguyen at vnguyen@lgbtqcolorado.org if you attend SAGA to RSVP. If you do not RSVP there is no guarantee of a seat or props bag.

AARP Colorado is stopping by Men's Coffee to talk about Social Security – To add some scary sh*t to your Halloween! AARP Colorado will be stopping by on **October 31st** to talk Social Security and spread the word on how to access the program. — **Men's Coffee meets every Tuesday from 10—12p.** If you have questions about social security and don't identify as male, Please come. We want to ensure everyone has access to this important information.



Meetup.com – Want to keep up to date with West of 50's activities? Join us on [meetup.com](https://www.meetup.com/)! Use the QR code to connect and have a direct link to our weekly groups and events!



Coming Out Day! - Join Viet with SAGA and WOF members as they share their coming out stories on National Coming Out Day! This inclusive gathering provides a safe and supportive space for LGBTQ individuals to share their personal coming out journeys and experiences. Our dedicated team of therapists will be on hand to provide support and guidance as needed, ensuring that everyone feels heard and valued. Come celebrate authenticity, diversity, and the power of self-expression with us on this special day!

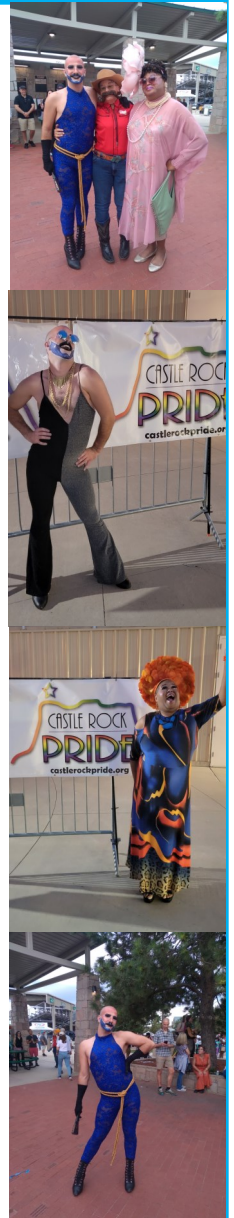
Wed. 11th @ 6pm

Douglas County Pridefest: The Real Tea

At the end of August, Douglas County hosted its annual Pridefest. So much of the focus of news media has been on the (short and unimpressive) protests that occurred. Instead of giving bigots more of our time I am going to share my experience of the event!

During the day the Pride featured booths from a variety of queer-affirming organizations and offered several family-friendly programs like musical performances, drag, a bubble party, and more. Crowds were entertained by three amazing local drag queens: Shirly Delta Blow, Ana Staysha, and Miss Gay Colorado Aundria Sinclair. Our own Cowpoke Avi also made an appearance, serenading the audience with their beautifully husky voice and smooth harmonica skills.

I hosted the 21+ after hours dance party along with my good dear friend that you all know and love from Kansas, Ty Woo. Together we were able to entertain our fabulous guests and deliver a message of love, queer joy, and defiance against those that wasted their time trying to intimidate us away from living freely. Before and after the event Ty Woo and I were approached by attendees and Pride volunteers & staff who expressed their gratitude and thanked us for bringing our energy and talent to the space. I feel extremely lucky to have been given the opportunity to celebrate small town Pride and bring queer artistic expression to an area torn by bigotry and hate. –August Celestial



Where you can find August Celestial in October! I am excited to announce that I will be competing in the All-Winners edition of So You Think You Can Drag at Hamburger Mary's! This competition will run the last 4 Sundays in October. However, I will be absent Sunday the 8th previously planned trip. As such I will be doing the first and second challenges Sunday the 15th. The competition starts at 7pm, make sure you call ahead to reserve a table at 303.993.5812.



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Sunday 10/15 Themes: Camp and Reveals
Sunday 10/22 Theme: Monologues
Sunday 10/29 Theme: Villains



October Speakers-

- 10-9:** Stormie Foust Maley (Opening Hearts & Mind project for LGBTQ adults in long term care)
- 10-16:** Karen Raforth & Elise Matatall (KGNU Outsources: Community Radio Founder & Host)
- 10-23:** Pamela Thiele & Lauren Fort (Colorado LGBTQ History & Advocacy)
- 10-30:** No Speaker
- 11-6:** Stretching for healthy feet & bodies
- 11-13:** Dan Stewart, Human Rights Campaign Foundation



Please join
West of 50

- AT OUR ANNUAL -

*Thankful 4U Thanksgiving
Celebration*



Friday, November 10th

Doors 11:00 am

Food Orders at 11:30 am

Thankful 4U Presentation at 12:30 pm

Dessert & BINGO at 1:00 pm

Bingo hosted by:

The Fabulous Ty Woo

Location: Christ Church United Methodist,

690 Colorado Blvd.

RSVP's through the website starting in early October

Meal to include: Ham, Turkey, Stuffing, Mashed Potatoes, Gravy, Green Bean Casserole, Macaroni and Cheese, Salad, rolls & butter.

Dessert: Pecan Pie, Sweet Potato Pie, Pumpkin Pie, Chocolate Silk, Peach Cobbler, Cherry Pie.

New this year! Vegan or vegetarian option



5 Ways to make the most out of your Colorado Fall— I love how colorful Colorado’s seasons are. I would not want to live in any other place! Sadly our busy lives make it hard to get out and see our amazing state. So here are some ideas to help you enjoy Colorado’s Fall.

1. *Highway of Legends*—Located in Southern Colorado, this old mining route could be easily overlooked. This 85-mile stretch on HWY12 from Walsenburg to Trinidad offers endless golden sights and gorgeous views of the Sangre de Cristos and Spanish Peaks.



2. *Fountain Valley Trail*—Located in Roxborough State park, allow yourself to wander along jagged mountainous structures along this trail. Just 45 minutes from Denver, this is perfect in the fall.



3. *We do Exist—Delta Pride Festival*—Dust off your Pride flag and hit the road. As you navigate your way through the fall colors and spend the afternoon in Delta to enjoy an afternoon of Rocky Mountain PRIDE. *Location: October 1st. 2p—69 Cleland Park. Delta, Colorado.*



4. *Pink R!no Queer & Allied Vender Market*— With 35 queer and allied vendors the Pink R!no Market features a one of a kind queer shopping experience with small businesses selling everything from handmade jewelry, clothing, and accessories to unique art pieces, home décor, and vintage finds. In addition to shopping the market offers a range of entertainment options, yard games, music, a full bar, and food vendors serving up snacks and refreshments. *Location: The Denver Central Market 2669 Larimer Street Denver, CO 80205, Dates: Sat., Sep. 16th 3-9p. & Sat., Oct., 14th 3-9p.*



5. *Find a Troll*— Did you know that Colorado is home to trolls? They can be found throughout the state. Isak Heartstone is a 15-footer located on the Trollstigen Trail in Breckenridge and Rita the Rock Planter can be found near Victor on the Little Grouse Mountain Trail.



October/November Program disruptions—October and November are busy months at the Center. Due to this we have several disruptions to our programs.

- October 18th**—Center Closed
- October 19th**—No Open Art Studio
- October 25th**—No Silver Sneakers Yoga
- October 27th**—Center Closed
- November 1st**—No Silver Sneakers Yoga
- November 10th**—No programming WOF Thanksgiving.
- November 23rd** —Center Closed
- November 24th** —Center Closed

Cowpoke Avi takes over Douglas County Pridefest! - Move over protesters, Cowpoke Avi was the true star of Douglas County Pride! After belting out two songs and scooting around the masses, Cowpoke Avi became a crowd favorite. To wrap up what was a very long day, Cowpoke joined August Celestial and Ty Woo at the Rainbow Revolution after-party where he hosted countless rounds of BINGO. Douglas County Pride was thankful to Cowpoke for helping when the protesters arrived and assisted keeping the audience settled.





Contact Bryant for any questions regarding disability services at The Center on Colfax
bmehay@lgbtqcolorado.org (303)951-5228

access gallery

It's a Wrap and Giving Voice:

Meet the Artists!

Join the Disability Program as we attend Access Gallery's exhibition of 'It's a Wrap' and 'Giving Voice.' It's a Wrap is an immersive installation of soft sculptures made by local artists under the direction of artist Nicole Banowetz and is based on the exploration of wrapping, binding and covering. Giving Voice is a program that empowers youth with disabilities and their gallery will be focused on bullying. Access Gallery is a nonprofit focusing on providing people with disabilities the opportunity to access, experience, and benefit from the arts. This event is free to attend.

When: Friday, October 20th from 6-8pm

Where: 909 Santa Fe Drive, Denver

To RSVP: Contact Bryant at
bmehay@lgbtqcolorado.org



Sexuality and Disability

Topics of sex and sexuality for the disability community have long been taboo and ignored by the culture at large. Each week in this hybrid group we will dive into a specific topic, ranging from representation of disabled sex and sexuality in the media, consent, to healthy sex practices. This program will also feature special guest speakers that will come in and share on relevant topics. The content of this group will be based in the most current research & guided by the community and its interests. This program is for adults 21+. Disability and Sexuality will be held on the third Monday of each month from 5:30-7pm.

When: Third Monday of each Month from 5:30-7pm.

Where: Hybrid, register on the website to receive Zoom link, join in-person at The Center on Colfax

October 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10 Lesbian 1:30 Story 6:15 Stich	3 10 Men's Coffee 2 Sex	4 10:30 SS Yo- ga 1:30 Glazin	5 10 Open Art 1:30 Music	6 10:30 Move 11:45 Med. 1:30 DPSG 5 Queer Woke	7
8	9 10 Lesbian 1:30 Story 6:15 Stich	10 10 Men's Coffee 2 Sex	11 10:30 SS Yoga 1:30 Glazin 6pm Com- ing Out	12 10 Open Art 1:30 Music	13 10:30 Move 11:45 Med 1:30 DPSG	14 
15	16 10 Lesbian 1:30 Story 12 Field Trip 5:30 Sex&Dis 6:15 Stich	17 10 Men's Coffee 2 Sex	18 Center Closed	19 No Open Art 1:30 Music	20 10:30 Move 11:45 Med 1:30 DPSG 6p Disabil- ity outing	21
22	23 10 Lesbian 1:30 Story 6:15 Stich	24 10 Men's Coffee 2 Sex	25 No Yoga 10:30 Dunk & Munch 1:30 Glazin	26 10 Open Art 1:30 Music	27 Center Closed	28 Center Closed
29 	30 10 Lesbian 1:30 Story 6:15 Stich	31 10 Men's Coffee-AARP 2 Sex 6:30 Movie Night	Key Lesbian: Lesbian Lounge Story: Telling Our Story Stich: Stich & Bitch Sex: Sexually Smarter		Music: Community Music Meetup Move: Qigong Movement Med: Meditation DPSG: Disability Peer Support Group.	