

# Resource List

## Overview

The Center on Colfax West of 50 Resource list

Last updated 02/18/2025

## Housing

<b>The Argyle</b>	<p>Independent living options</p> <p>Assisted living options- Support with day-to-day activities</p> <p>LGBTQ Friendly community</p> <hr/> <p>Phone number: (303) 455-9513</p> <p>Address: 4115 W 38th Ave, Denver, CO 80212</p> <p>Website: <a href="https://theargyle.org/">https://theargyle.org/</a></p>
<b>Dayspring Villa Assisted Living</b>	<p>Dayspring Villa is a welcoming, inviting, down-to-earth assisted living community located just blocks from Sloan's Lake, one of Denver's most loved parks. <a href="#">Creating Belonging - Opening Hearts and Minds   Christian Living Communities</a></p> <hr/> <p>Phone: (303) 455-5066</p> <p>Address: 3777 W. 26<sup>th</sup> Ave, Denver, CO 80211</p> <p>Website: <a href="https://dayspringvilla.org/">https://dayspringvilla.org/</a></p>
<b>Clermont Park</b>	<p>Serving residents since 1972, Clermont Park is now a Life Plan Community, offering multiple levels of services and care under the</p>

	<p>same roof. At the same time, we also offer affordable retirement living rental homes with no compromises on quality and lifestyle.</p> <p><u>Creating Belonging - Opening Hearts and Minds   Christian Living Communities</u></p> <hr/> <p>Address: 2479 S. Clermont St, Denver, CO 80222</p> <p>Phone: 720.974.7275</p> <p>Website: <a href="https://clermontpark.org/">https://clermontpark.org/</a></p>
<p><b>Sunrise Senior Living</b></p>	<p>When you're a resident in a Sunrise community, you can expect not only highly individualized care, but also a lifestyle that caters to your needs and preferences. By getting to know you on a personal level, we deliver customized support, programs, cuisine, and services to create fulfilling, hassle-free days.</p> <hr/> <p>Address: 251 S Colorado Blvd, Denver, CO 80246</p> <p>Phone: (303) 333-1166</p> <p>Website: <a href="#">Discover What Family Feels Like at Sunrise Senior Living</a></p>

## Financial/ End of Life Planning

<b>Frisbie Financial</b>	<p>Frisbie Financial specializes in Personal Financial Planning, Cash Flow/Budgeting, Retirement Planning, and Insurance Needs Analysis.</p> <hr/> <p>Website: <a href="https://frisbiefinancial.net/about-us/">https://frisbiefinancial.net/about-us/</a></p> <p>Address: 1873 S. Belaire Street Suite 201 Denver CO 80211</p> <p>Phone: (303) 999-1847</p> <p>Fax: (303) 484-2075</p>
<b>Northwestern Mutual- North Denver: Warriors Wealth</b>	<p>Financial planning, Retirement planning, Estate planning</p> <p>“We work hard to ensure that our practice remains a safe and inclusive place for all. This is a safe space. All persons regardless of age, sex, race, religion, ethnicity, sexual orientation, gender identity, and gender expression will be treated with dignity and respect.”</p> <hr/> <p>Sarah Ann Tinkler, Wealth Management Advisor</p> <p>Website: <a href="https://www.northwesternmutual.com/financial/advisor/sarah-a-tinkler/my-team">https://www.northwesternmutual.com/financial/advisor/sarah-a-tinkler/my-team</a></p> <p>Phone: 303-300-5505</p> <p>Address: 3875 N Steele St Suite 1244, Denver, CO 80205</p>
<b>Greer Law</b>	<p>Greer Law specializes in estate planning, preparation of powers of attorney, wills, trusts, as well as probate and estate administration. We know that you have worked hard to create a</p>

	<p>life that matters and want to make sure that your family is provided for and protected if something happens to you.</p> <hr/> <p>Website: <a href="#">Greer Law – Colorado Estate Planning Attorney</a></p> <p>Phone: (303) 997-9200</p> <p>Email: <a href="mailto:info@greer-law.com">info@greer-law.com</a></p> <p>Address: 7899 S. Lincoln Court Suite 100 Littleton, CO 80122</p>
<b>ViCare Solutions</b>	<p>Medicaid Consultants- Teri Crocker is a certified senior advisor, care navigator and Medicaid consultant.</p> <hr/> <p>Phone: 303-907-0102</p> <p>Email: <a href="mailto:teri@vicaresolutions.com">teri@vicaresolutions.com</a></p>
<b>Agewise Colorado</b>	<p><u>An Online Resource Hub</u>—designed to be an interactive and easy-to-use tool to guide older adults and their Sandwich Generation family members with easy access to find trusted products and services that will help them live their best lives as they age.</p> <hr/> <p>End of life services website:</p> <p><b><u>End of Life Services in Colorado - AgeWise Colorado</u></b></p>
<b>Bloom Health Care</b>	<p>Provides at home check-ups:</p> <p>Personalized primary care with medical providers trained in caring for seniors</p> <p>24/7 access to providers through our after hours on-call service</p> <p>On demand care with weekend and telehealth coverage</p> <p>Counseling and care for patients suffering from memory loss</p>

	<p>Hospice Services</p> <hr/> <p>Phone: 303-993-8565</p> <p>Address: 12600 W Colfax Ave Suite B-200, Lakewood, CO</p> <p>Website: <a href="#">Home - Bloom Healthcare</a></p>
<p><b>Golden Heart Transition</b></p>	<p>Death Doula offering end of life services including- transition planning, respite care, grief coaching, support and more. We are here to inform, to guide, and to empower you so that you find peace and acceptance as you face this change.</p> <hr/> <p><a href="#">Golden Heart Transition</a></p> <p>Founder: Karen S. Keeran</p> <p><a href="mailto:KarenK@GoldenHeartTransition.com">KarenK@GoldenHeartTransition.com</a></p> <p>303-579-6548   F: 844-444-0624</p>
<p><b>Besant Medicare Benefits</b></p>	<p>Customer Focused Medicare Solutions- Colorado based independent Medicare insurance broker with several years' experience working with seniors.</p> <hr/> <p>Nina Basant</p> <p>Phone: 303-717-5393</p> <p>Email: <a href="mailto:ninab@sagecare.com">ninab@sagecare.com</a></p>

## Funeral Services

<b>Hardwood Cremation and Funeral Services</b>	<p>General services such as traditional burials and cremations. Also offers services for pets.</p> <p>LGBTQ+ Friendly</p> <hr/> <p>Castle Rock, Colorado</p> <p>(303) 688-0505 Office</p> <p><u><a href="#">LGBTQ+ Advance Care Planning Toolkit (lgbtagingcenter.org)</a></u></p>
<b>Be a Tree Cremation</b>	<p>Water Cremation Process services all of Colorado</p> <p>Water cremation is an alternative to traditional cremation that helps reduce Co2 in the atmosphere and a more gentle approach to cremation</p> <hr/> <p>Address: 2970 W. Severn Pl. Denver, CO 80204</p> <p>Phone:</p> <p>720-782-2782</p>

## Food

<b>Volunteer of America- Meals on Wheels For Seniors</b>	<p>Program provides monthly food boxes that contain: ten frozen meals, fresh produce, whole grain breads, low-fat dairy products and non-perishable foods.</p> <p>Eligibility: 60 years and older, must reside in service area, not in need of daily meal deliveries</p> <hr/> <p>Link to sign up- <a href="#">Meals on Wheels – Denver Metro - VOA Colorado</a></p>
<b>Senior Support Services</b>	<p>Meals served Monday- Friday</p> <p>Breakfast 7-9 AM</p> <p>Lunch 11:30-12:20</p> <hr/> <p>Address: 864 E 18<sup>th</sup> Ave, Denver, CO 80218</p> <p>Phone number: 303-832-1622</p>

## Therapy

<p><b>Queer Asterisk Therapeutic Services</b></p>	<p>Queer Asterisk counselors and clinicians are queer-informed and affirming, with an emphasis on diversity, resilience and vitality.</p> <p>In-network with Aetna, Anthem/Blue Cross Blue Shield, Cigna, ComPsych, Kaiser, Optum and United, as well as Medicare and most forms of Medicaid. As a nonprofit organization, we are also pleased to offer a sliding scale starting at \$75/session.</p> <p>Out of pocket- \$150 per 53 minute session</p> <p>Various Group Therapy available- including Queer + Chronically Ill Support Group which is free to attend bi-weekly Sundays on zoom 1-2:30 pm</p> <hr/> <p>Address: 2027 Broadway, Suite E, Boulder, CO 80302</p> <p>Phone number: (720) 507-6161</p> <p>Website: <a href="#">Home - Queer Asterisk</a></p>
<p><b>The Denver Element Counseling- Program of Mile High Behavioral Healthcare</b></p>	<p>Counseling group sessions, one-on-one counseling, peer-to-peer support groups.</p> <p>Our clinicians represent a diverse approach to therapy with various training and backgrounds, all grounded in trauma-informed care and through the shared experience of being queer ourselves. In addition to treatment, we offer case management, peer coaching, and prevention programming, especially for those currently living with HIV.</p> <hr/> <p>Address: 4242 Delaware Street, Denver, CO 80302</p>



	<p>Phone number: 720.382.5900</p> <p>Website: <a href="#">LGBTQ+ services and programs   Mile High Behavioral Healthcare (denverelement.org)</a></p>
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