Resource List

Overview

The Center on Colfax West of 50 Resource list

Last updated 02/18/2025

Housing

The Argyle

Independent living options

Assisted living options- Support with day-to-day activities

LGBTQ Friendly community

Phone number: (303) 455-9513

Address: 4115 W 38th Ave, Denver, CO 80212

Website: https://theargyle.org/

Dayspring

Villa

Assisted

Living

 $\label{lem:coming_problem} \textbf{Dayspring Villa is a welcoming, inviting, down-to-earth assisted}$

living community located just blocks from Sloan's Lake, one of

Denver's most loved parks. Creating Belonging - Opening Hearts

and Minds | Christian Living Communities

Phone: (303) 455-5066

Address: 3777 W. 26th Ave, Denver, CO 80211

Website: https://dayspringvilla.org/

Clermont Park

Serving residents since 1972, Clermont Park is now a Life Plan Community, offering multiple levels of services and care under the same roof. At the same time, we also offer affordable retirement living rental homes with no compromises on quality and lifestyle.

<u>Creating Belonging - Opening Hearts and Minds | Christian Living</u>
Communities

Address: 2479 S. Clermont St, Denver, CO 80222

Phone: 720.974.7275

Website: https://clermontpark.org/

Sunrise Senior Living

When you're a resident in a Sunrise community, you can expect not only highly individualized care, but also a lifestyle that caters to your needs and preferences. By getting to know you on a personal level, we deliver customized support, programs, cuisine, and services to create fulfilling, hassle-free days.

Address: 251 S Colorado Blvd, Denver, CO 80246

Phone: (303) 333-1166

Website: Discover What Family Feels Like at Sunrise Senior Living

Financial/ End of Life Planning

Frisbie Financial

Frisbie Financial specializes in Personal Financial Planning, Cash Flow/Budgeting, Retirement Planning, and Insurance Needs Analysis.

Website: https://frisbiefinancial.net/about-us/

Address: 1873 S. Belaire Street Suite 201 Denver CO 80211

Phone: (303) 999-1847

Fax: (303) 484-2075

Northwestern Mutual North Denver: Warriors

Wealth

Financial planning, Retirement planning, Estate planning

"We work hard to ensure that our practice remains a safe and inclusive place for all. This is a safe space. All persons regardless of age, sex, race, religion, ethnicity, sexual orientation, gender identity, and gender expression will be treated with dignity and respect."

Sarah Ann Tinkler, Wealth Management Advisor

Website:

https://www.northwesternmutual.com/financial/advisor/saraha-tinkler/my-team

Phone: 303-300-5505

Address: 3875 N Steele St Suite 1244, Denver, CO 80205

Greer Law

Greer Law specializes in estate planning, preparation of powers of attorney, wills, trusts, as well as probate and estate administration. We know that you have worked hard to create a

life that matters and want to make sure that your family is provided for and protected if something happens to you.

Website: Colorado Personal Injury Law Firm - Greer Law Group,

LLC (gvlegal.net)

Phone: 303-590-3759

Email: help@gvlegal.net

Address: 1550 Wewatta St. 2nd floor, Denver, CO 80202

ViCare Solutions

Medicaid Consultants- Teri Crocker is a certified senior advisor, care navigator and Medicaid consultant.

Phone: 303-907-0102

Email: teri@vicaresolutions.com

Agewise Colorado

An Online Resource Hub—designed to be an interactive and easy-to-use tool to guide older adults and their Sandwich Generation family members with easy access to find trusted products and services that will help them live their best lives as they age.

End of life services website:

End of Life Services in Colorado - AgeWise Colorado

Bloom Health Care

Provides at home check-ups:

Personalized primary care with medical providers trained in caring for seniors

24/7 access to providers through our after hours on-call service

On demand care with weekend and telehealth coverage

Counseling and care for patients suffering from memory loss

Hospice Services

Phone: 303-993-8565

Address: 12600 W Colfax Ave Suite B-200, Lakewood, CO

Website: Home - Bloom Healthcare

Golden Heart Transition

Death Doula offering end of life services including- transition planning, respite care, grief coaching, support and more. We are here to inform, to guide, and to empower you so that you find peace and acceptance as you face this change.

Golden Heart Transition

Founder: Karen S. Keeran

KarenK@GoldenHeartTransition.com

303-579-6548 | F: 844-444-0624

Besant Medicare Benefits

Customer Focused Medicare Solutions- Colorado based independent Medicare insurance broker with several years' experience working with seniors.

Nina Basant

Phone: 303-717-5393

Email: ninab@sagecare.com

Funeral Services

Hardwood

Cremation and Funeral Services

General services such as traditional burials and cremations. Also offers services for pets.

LGBTQ+ Friendly

Castle Rock, Colorado

(303) 688-0505 Office

LGBTQ+ Advance Care Planning Toolkit (lgbtagingcenter.org)

Be a Tree Cremation

Water Cremation Process services all of Colorado

Water cremation is an alternative to traditional cremation that helps reduce Co2 in the atmosphere and a more gentle approach to cremation

Address: 2970 W. Severn Pl. Denver, CO 80204

Phone:

720-782-2782

Food

Volunteer of AmericaMeals on Wheels For Seniors

Program provides monthly food boxes that contain: ten frozen meals, fresh produce, whole grain breads, low-fat dairy products and non-perishable foods.

Eligibility: 60 years and older, must reside in service area, not in need of daily meal deliveries

Link to sign up- Meals on Wheels - Denver Metro - VOA

<u>Colorado</u>

Senior Support Services

Meals served Monday- Friday

Breakfast 7-9 AM

Lunch 11:30-12:20

Address: 864 E 18th Ave, Denver, CO 80218

Phone number: 303-832-1622

Therapy

Queer Asterisk Therapeutic Services

Queer Asterisk counselors and clinicians are queer-informed and affirming, with an emphasis on diversity, resilience and vitality.

In-network with Aetna, Anthem/Blue Cross Blue Shield, Cigna, ComPsych, Kaiser, Optum and United, as well as Medicare and most forms of Medicaid. As a nonprofit organization, we are also pleased to offer a sliding scale starting at \$75/session.

Out of pocket-\$150 per 53 minute session

Various Group Therapy available- including Queer + Chronically Ill Support Group which is free to attend bi-weekly Sundays on zoom 1-2:30 pm

Address: 2027 Broadway, Suite E, Boulder, CO 80302

Phone number: (720) 507-6161

Website: Home - Queer Asterisk

The Denver Element CounselingProgram of Mile High Behavioral Healthcare

Counseling group sessions, one-on-one counseling, peer-to-peer support groups.

Our clinicians represent a diverse approach to therapy with various training and backgrounds, all grounded in trauma-informed care and through the shared experience of being queer ourselves. In addition to treatment, we offer case management, peer coaching, and prevention programming, especially for those currently living with HIV.

Address: 4242 Delaware Street, Denver, CO 80302

Phone number: 720.382.5900

Website: <u>LGBTQ+ services and programs | Mile High Behavioral</u>

Healthcare (denverelement.org)