

Resources for LGBTQ+ Older Adults

Overview

Compiled by The Center on Colfax's West of 50 program, this guide features resources for housing, financial and end-of-life planning, funeral services, food, and therapy for LGBTQ+ older adults.

Housing

The Argyle

Senior living and personalized care plans complete with the comforts of home. LGBTQ+ friendly. The Argyle offers both independent and assisted living options.

- Address: <u>4115 W 38th Ave, Denver, CO 80212</u>
- Website: The Argyle Senior Living Community
- Phone: (303) 455-9513

Dayspring Villa Assisted Living

Dayspring Villa is a welcoming, inviting, down-to-earth assisted living community located just blocks from Sloan's Lake, one of Denver's most loved parks. Life in our senior living community overflows with priceless opportunities to find friendships and belonging, revel in nature, and enjoy each day.

<u>Creating Belonging - Opening Hearts and Minds | Christian Living Communities</u>

- Address: 3777 W. 26th Ave, Denver, CO 80211
- Website: <u>Dayspring Villa</u>Phone: (303) 455-5066

Clermont Park

Serving residents since 1972, Clermont Park is now a Life Plan Community, offering multiple levels of services and care under the same roof. At the same time, we also offer affordable retirement living rental homes with no compromises on quality and lifestyle.

<u>Creating Belonging - Opening Hearts and Minds | Christian Living Communities</u>

• Address: 2479 S. Clermont St, Denver, CO 80222

Website: <u>Clermont Park</u>Phone: (720) 974-7275

Financial / End of Life Planning

Frisbie Financial

Frisbie Financial specializes in Personal Financial Planning, Cash Flow/Budgeting, Retirement Planning, and Insurance Needs Analysis.

- Address: 1873 S. Belaire Street Suite 201 Denver CO 80211
- Website: Frisbie Financial About Us
- Phone: (303) 999-1847
- Fax: (303) 484-2075

Northwestern Mutual -North Denver: Warriors Wealth

Financial planning, Retirement planning, Estate planning

"We work hard to ensure that our practice remains a safe and inclusive place for all. This is a safe space. All persons regardless of age, sex, race, religion, ethnicity, sexual orientation, gender identity, and gender expression will be treated with dignity and respect."

- Sarah Ann Tinkler, Wealth Management Advisor CLU®, ChFC®, RICP®, CFP®, CAP®
- Address: 3875 N Steele St Suite 1244, Denver, CO 80205
- Website: Northwestern Mutual Sarah Ann Tinkler
- Phone: (303) 300-5505

Greer Law

Greer Law specializes in estate planning, preparation of powers of attorney, wills, trusts, as well as probate and estate administration. We know that you have worked hard to create a life that matters and want to make sure that your family is provided for and protected if something happens to you.

- Renet Greer
- Address: 1550 Wewatta St. 2nd floor, Denver, CO 80202
- Website: <u>Colorado Personal Injury Law Firm Greer Law Group, LLC (gvlegal.net)</u>
- Phone: (303) 590-3759

Agewise Colorado	An Online Resource Hub designed to be an interactive and easy-to-use tool to guide older adults and their Sandwich Generation family members with easy access to find trusted products and services that will help them live their best lives as they age. Website: End of Life Services in Colorado - AgeWise Colorado
Bloom Health Care	Provides at home check-ups including: -Personalized primary care with medical providers trained in caring for seniors -24/7 access to providers through our after hours on- call service -On demand care with weekend and telehealth coverage -Counseling and care for patients suffering from memory loss -Hospice Services • Address: 12600 W Colfax Ave Suite B-200, Lakewood, CO 80215 • Website: Home - Bloom Healthcare • Phone: (303) 993-8565
Besant Medicare Benefits	Customer Focused Medicare Solutions - Colorado based independent Medicare insurance broker with several years' experience working with seniors. • Address: 7200 S. Alton Way, A-250, Centennial, CO 80112 • Phone: (303) 717-5393 • Email: ninab@sagecare.com

ViCare Solutions

Medicaid Consultants- Teri Crocker is a certified senior advisor, care navigator and Medicaid consultant.

- Address: <u>10700 E Geddes Ave, Englewood, CO</u>
- Phone: (303) 907-0102
- Email: teri@vicaresolutions.com

Funeral Services

Hardwood Cremation and Funeral Services

General services such as traditional burials and cremations. Also offers services for pets.

LGBTQ+ Friendly

- Castle Rock, Colorado
- Phone: (303) 688-0505
- Website: <u>LGBTQ+ Advance Care Planning Toolkit</u> (<u>lgbtagingcenter.org</u>)

Be a Tree Cremation

Water Cremation Process services all of Colorado. Water cremation is an alternative to traditional cremation that helps reduce Co2 in the atmosphere and a more gentle approach to cremation.

- Address: 2970 W. Severn Pl. Denver, CO 80204
- Phone: (720) 782-2782

Food

Volunteer of America -Meals on Wheels For Seniors

Program provides monthly food boxes that contain ten frozen meals, fresh produce, whole grain breads, low-fat dairy products, non-perishable foods.

- Eligibility: 60 years and older, must reside in service area, not in need of daily meal deliveries
- Sign-Up Link: <u>Meals on Wheels Denver Metro VOA</u>
 Colorado

Senior Support Services

Meals served Monday-Friday

Breakfast: 7:00 - 9:00 AM Lunch: 11:30 AM - 12:20 PM

• Address: 846 E 18th Ave, Denver, CO 80218

• Phone: (303) 832-1622

Therapy

The Denver
Element
CounselingProgram of
Mile High
Behavioral
Healthcare

Counseling group sessions, one-on-one counseling, peer-to-peer support groups. Our clinicians represent a diverse approach to therapy with various training and backgrounds, all grounded in trauma-informed care and through the shared experience of being queer ourselves. In addition to treatment, we offer case management, peer coaching, and prevention programming, especially for those currently living with HIV.

- Address: 4242 Delaware Street, Denver, CO 80302
- Phone: (720) 382 -5900
- Website: <u>LGBTQ+ services and programs | Mile High</u> <u>Behavioral Healthcare (denverelement.org)</u>

Queer Asterisk Therapeutic Services

Queer Asterisk counselors and clinicians are queerinformed and affirming, with an emphasis on diversity, resilience and vitality.

In-network with Aetna, Anthem/Blue Cross Blue Shield, Cigna, ComPsych, Kaiser, Optum and United, as well as Medicare and most forms of Medicaid. As a nonprofit organization, we are also pleased to offer a sliding scale starting at \$75/session.

Out of pocket - \$150 per 53 minute session

Various Group Therapy available including Queer + Chronically III Support Group which is free to attend, biweekly Sundays on Zoom 1:00 - 2:30 PM

• Address: 2027 Broadway, Suite E, Boulder, CO 80302

• Phone: (720) 507-6161

• Website: Home - Queer Asterisk